

Centering in the Saving Life of God  
Psalm 28

**David's Dilemma: A Spiritual and Moral Crisis**

- The presence of evildoers in God's world – Ps 28:3-5
- David's "crisis" is God calling – Jer 33:3

...God's voice often comes out of the storms of life – Mk 6:47-52; Ps 119:11; Ro 11:36

**David's Approach: Centering Prayer – Ps 28:1-2; Heb 11:6; Eph 6:18**

- "To You, O Lord" – Ps 28:1; Matt 6:33; Acts 4:23-31
  - ... "My Rock" – Our foundation in tumultuous circumstances – Ps 28:1; Heb 13:8
  - ... David goes "face-to-face" with God – Ps 27:8; 28:2; Phil 4:6
- Honest, Centered praying...
  - ... confessing thoughts and feelings – Ps 28:1-3
  - ... asking for "help" – Ps 28:2; Ja 4:2
  - ... waiting upon the Lord – Ps 28:5-6; Ps 27:14; Is 40:31; Heb 6:12
  - ... trusting in God's character – Ps 28:7

**David's Re-centering: The Saving Life of God – Ps 28:7-8; Acts 14:22; 1 Pet 5:10**

- Results in a confident assurance – Ps 28:6-7
  - ... the character of God calls for judgment as a moral necessity – Ps 28:4-5; Ro 12:19
  - ... The Lord Himself is our inner supply and our outer protection – Ps 28:7-8; 11 Pet 1:3,4; 1 Jo 5:18; Ro 8:35-39
- Results in a joyful thanksgiving – Ps 28:7
  - ...rooted in knowing "I am His" – Ps 28:7; Ro 8:17; 1 Cor 3:23
  - ... He gets the final word in the "all things" of life – Ro 8:28-29; 1 Cor 15:28