

Consider Christ: Our Better Rest  
Hebrews 4:1-16

God's Rest – His awareness of His own resources, sufficiency for any contingency – Heb 4:1,3,5

- In the Old Testament “rest” was a place – Joshua 21:43-45
- In the New Testament “rest” is a Person – Matt 11:28-30
  - ...the rest of God yields a freedom and a vitality to actively, effectually live – Heb 4:12
  - ...the rest of God is the birthright of every believer in Christ – Heb 4:6,9,10

Entering Into the Rest of God Depends Upon God's Activity and Man's Receptivity – Matt 11:28-30

- God's activity: Grace – Ro 4:24
  - ...Divine initiative and divine continuance – Matt 11:28-29
- Man's receptivity: Faith – Rom 4:28; 5:5
  - ...I believe You – Heb 4:3; Jo 3:16

Experiencing God's Rest Calls for us to Diligently... - Heb 4:11

- Rely upon the finished work of Christ – Heb 4:14
  - ...we receive a full and perfect Savior and rest in a full and perfect salvation – Col 2:9,10
    - (the self-righteous are never at rest)
- Embrace the word and will of God – Heb 4:12; Jo 5:44
  - ...we embrace what God says and rest in His “say so” – Heb 3:19; 4:2
    - (the self-determining are never at rest)
- Settle down into the perfect love of Christ – Heb 4:13; 1 Jo 4:8,18
  - ...we let His love cast out our fears and rest in His compassionate care – 1 Jo 4:18; Ro 8:15,35-39
    - (the fearful are never at rest)
- Treasure Christ's awareness of our humanity, reality – Heb 4:15,16
  - ...we trust in His sympathy and rest in His supply – Phil 4:19; 11 Cor 12:9
    - (the self-sufficient are never at rest)