

“Profit Out of Distress”  
Psalm 4

Gladness, Peace, and Safety Are Not Born of Adversity or Prosperity, But of God Alone – Ps 4:8

In Distress, David Turns to God, Not the Goods – Ps 4:1,3

- “Tremble and do not sin”: before God we can feel without falling into sin – Ps 4:4; Gen 39:9
- “Meditate in your heart”: stop and think it through in the presence of God – Ps 4:4; Col 3:17
- “Trust in the Lord”: make Him the object of our faith = Ps 4:5; Ps 62:1-8

In Distress, God Is Calling Us Unto Himself – Ps 4:3

- We are “set apart unto God” and will not be fulfilled by any other – Ps 4:3; 139:14
- “What is “pressing hard” against you is meant to “press you” into knowing Me” - Jo 17:3; 1 Pet 5:10
- In pressure, God is enlarging us – Ps 4:1; II Cor 4:16; Ja 1:2-4

In Distress, God Reveals Himself – Ps 4:6

- Our good is in knowing God, not having the “goods” – Ps 4:6-7; Hab 3:16-18
- God’s “inner-stantial” witnesses:
  - ...holy gladness: deep seated joy rooted in the unseen, eternal – Ps 4:7; Jo 16:22
  - ...unshakeable peace: wholeness and wellness – Ps 4:8; Jo 14:27
  - ...indestructible safety: confidence in the One fully trustworthy – Ps 4:8; Heb 7:16

The Key Thought: “You Alone, O Lord” – Ps 4:8

- No other is able – Jo 14:6
- God plus nothing else – Col 2:9-10